



AF
foundation

fundraising ideas

Help us raise hundreds
of pounds

Thanks so much for choosing to help us and taking time out to raise money for
the AF Foundation

every penny raised brings us one step closer to achieving our goals

however much you raise your donation will mean the world to us, the kids and the
hospitals we are helping, so just in advance we'd like to thank you from the bottom of
our hearts for your kindness and generosity

Andrew & Rachael x





use your noggin.....

whether you're doing an Iron Man or just an egg and spoon race, there are plenty of ideas to choose from. Or use your noggin and do something different

art exhibition...abseiling...**auction...**assault course...**aerobics....**arm wrestling...**afternoon tea...****bagging groceries...**book sale...**busking...**blind date...**bring & buy sale...**barn dance...**bad hair day...**baked bean bath or boots...**bike ride...**bad taste party...**bingo...**bake sale...**battle of the bands...**bridge morning...**BBQ...****coffee morning...**car boot sale...**car wash...**concert...**carol singing...**craft show...**carnival...**comedy evening...**casino night...**costume contest...**cricket match...**

use your noggin...

dance off...donation bucket...dog walking...darts tournament...dress down day...dinner party...donkey derby...disco...
Exercise class...Easter egg hunt...eating competition...employers donation...**fancy dress**...fashion show...fancy dress day...farmer's market...family fun day...face painting...football match...fantasy football league...**guess the name or weight**...gift wrapping...gala evening... garden party...
Halloween party...haircut...hockey match...head shave...**it's a knockout**...ice skating...Italian night...indoor games evening...**jailbreak travel contest** ...jazz evening...jumble sale...jelly bath...jewellery sale...



use your noggin...

karaoke evening...keep fit...krypton
factor...lottery...line dance...lucky dip...lands End
to John O'Groats...learn a new skill day...
Marathon...make & sell greeting cards...
murder mystery...music night...netball...
non uniform day...odd job day...overseas
challenge...orienteering...pub
quiz...pantomime...personal shopper
service...pajama day...parachute jump...quiz
night...quit smoking...question of sport...rugby
match...running events...race night...raft race...
sponsored event...supermarket
collections...sports day...street party...Santa
run...singing contest...stars in their eyes...sell
stuff...tombola...themed evening...treasure
hunt...three legged race...teddy bears picnic





use your noggin...

unwanted gift sale...valentines day
themed evening...variety
show...Victorian evening...volleyball
match...wheelbarrow race...wine
tasting...welly throwing
competition...wax a body
part...walk...xmas party...x factor
competition...yacht race...yoyo
competition...zip wire... anything as
zany as you like....

there's loads to think about, get your
friends involved and don't forget to
have fun!!!

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EMBRACE THE AWESOME
POWER OF THE INTERWEB...

DONATE ONLINE

Visit www.affoundation.co.uk to donate directly online or, if you're feeling really flush, set up a direct debit enabling you to give monthly!

BIG US UP

Email your mates about us, tweet about us, blog about us, pass YouTube links on about us, or if your modem's down, get our logo tattooed on your bum and go streaking down the High Street with a banner about us!

FOLLOW US

Twitter: AFFoundation
YouTube: AF Foundation
Facebook: AF Foundation

LINK TO US

Not only does popping our logo with a link on your website give us a nice bit of exposure to all of your web traffic, it also helps us stay high up on the Google search rankings!

GET SPONSORED

Whether you're doing an Iron Man or just an egg and spoon race, you can raise funds really easily for the AF Foundation by going through our Just Giving site... <http://www.justgiving.com/affoundation>

cheers a
squillion!

